

EQUIPMENT LIST FOR JUNIORS

Road-worthy bike (mountain or road) & approved helmet. Swimming costume or trunks, goggles & swimming hat. Trainers, shorts & running top. Junior tri-suit is optional!

CODE OF CONDUCT FOR PARENTS

British Triathlon is committed to maintaining the highest possible standards of behaviour and conduct at all Triathlon, duathlon and related multi-sport events.

The British Triathlon 'Code of Conduct for parents' summarises the essence of good ethical conduct and practice within Triathlon. This applies not only to parents, but also to guardians, careers, families and spectators alike. All such individuals have a responsibility to act with integrity, in accordance with the standards set by British Triathlon below.

Code of Conduct

- Respect the rights, dignity and worth of every person, within the context of the Sport.
- Treat everyone equally and sensitively, and do not discriminate on the grounds of age, gender, ethnic origin, religion, sexual orientation or disability.
- Encourage your child to learn the British Triathlon rules and compete within them.
- Publicly accept officials' judgements and abide by their instructions, providing they do not contradict the spirit of this code.
- Teach your child to respect the event officials.
- Help your child to recognise good performance, not just results to avoid undue disappointment.
- Never punish or belittle a child for losing or making mistakes.
- Support your child's involvement and help them to enjoy their sport.
- Remember that the aim of the Sport is for the children to have fun, improve and feel good.
- Set a good example by applauding all good performance, whether by your child or by another.
- Use correct and proper language at all times.
- Remember that young people learn best by example.
- Recognise the value and importance of volunteers, coaches, referee's and event organisers – it is their time and dedication that keeps the Sport alive.
- Young people are involved in organised sport for their enjoyment – not yours, so do not force your child to take part.

CODE OF CONDUCT FOR JUNIORS

Team Cherwell is fully committed to safeguarding and promoting the wellbeing of all its members. The club believes that it is important that members, coaches, administrators and parents associated with the club should, at all times, show respect and understanding for the safety and welfare of others.

As a member of Team Cherwell you are expected to abide by the following junior code of conduct:

- All members must play within the rules and respect officials and their decisions.
 - All members must respect the rights, dignity and worth of all participants regardless of gender, ability, cultural background or religion.
 - Members should keep to agreed timings for training and competitions or inform their coach or team manager if they are going to be late.
 - Members must wear suitable kit as identified by the coach for training and competition sessions, as agreed with the coach/team manager.
 - Members must pay any fees for training or events promptly.
 - Junior members are not allowed to smoke on club premises or whilst representing the club at competitions.
 - Junior members are not allowed to consume alcohol or drugs of any kind on the club premises or whilst representing the club.
-